

"SEX According to God"

Part 1: The Myths vs. The Truth

Justin & Summer Worden – October 3, 2007

Tupos SM - Wednesday Night Live

High School Group Session 

**Now that we know our destiny is to be holy as he is,
And we know we are called to be "set apart" (sanctified),
Let's look at a popular topic everywhere but in church!**

1 Corinthians 13:4-8 = "Love is patient, love is kind and is not jealous; love does not brag and is not arrogant, 5 does not act unbecomingly; it does not seek its own, is not provoked, does not take into account a wrong suffered, does not rejoice in unrighteousness, but rejoices with the truth; bears all things, believes all things, hopes all things, endures all things. Love never fails" (NASB)

I. What is True Love?

- Love in the Bible is = Love never gives up. Love cares more for others than for self. Love doesn't want what it doesn't have. Love doesn't strut, Doesn't have a swelled head, Doesn't force itself on others, Isn't always "me first," Doesn't fly off the handle, Doesn't keep score of the sins of others, Doesn't revel when others grovel, Takes pleasure in the flowering of truth, Puts up with anything, Trusts God always, Always looks for the best, Never looks back, But keeps going to the end. (Message translation)
- Video 4 – Visual Reality (Vol 7)

Splitting group – middle school students with Ms. Summer (choir room), high school students stay in here with Pastor Justin.

II. Let's Talk about Sex

- You hear about it from friends, from music, from TV, from school ("safe sex"), why don't we hear about it from God?
- Discussion question time:
 - How does God want you to view your body?
 - What messages do you get from the media about how you view your body and having sex?
 - Why do you think talking about, reading about, watching movies about, and actually participating in sex are so prevalent among high-schoolers?
 - What might change that trend?

- What do you think God has to say about all this sex going around? (Can you think of any Bible verses to back that up?)

III. Myths of Sex

- Sex is okay if you are in love**
 - How far is too far? = that basically means, "how bad can I treat you God?" (How can I best honor God in my sexual relationship? Should be the question)
 - Giving yourself to somebody scatters you... a piece of you here, there, everywhere, what's left for your spouse?
 - 1 Cor 13 = "**Love is patient**" (the 1st definition)
- The rewards far outweigh the risks**
 - You can survive without sex!
 - You can not survive without drink, food, sleep
 - Dime through the hoop – AIDS virus is 50 times smaller than the wholes in a condom
- AIDS = "safe sex" started in 1980 – every \$1 spend on STD prevention, \$43 is spent for treatment**
- Safe sex with condom? = By the time you already receive a condom it has not been stored right, not packaged right, = you are already doomed for failure!
- Eskimo Wolf Hunters**

According to tradition, this is how an Eskimo hunter kills a wolf: First, the Eskimo coats his knife blade with animal blood and allows it to freeze. He then adds layer after layer of blood until the blade is completely concealed by the frozen blood. Next, the hunter fixes his knife in the ground with the blade up. When a wolf follows his sensitive nose to the source of the scent and discovers the bait, he licks it, tasting the fresh frozen blood. He begins to lick faster, more and more vigorously, lapping the blade until the keen edge is bare. Feverishly now, harder and harder, the wolf licks the blade in the cold Arctic night. His craving for blood becomes so great that the wolf does not notice the razor-sharp sting of the naked blade on his own tongue. Nor does he recognize the instant when his insatiable thirst is being satisfied by his own warm blood. His carnivorous appetite continues to crave more until in the morning light, the wolf is found dead on the snow!

Many kids begin using drugs, drinking alcohol, smoking cigarettes, or engaging in unsafe sexual behavior for the same reasons that the wolf

begins licking the knife blade. It seems safe and delicious at first, but it doesn't satisfy. More and more is desired, leading to a crisis—or death. Don't be fooled by the temptations of sin. Like the wolf, we can get away with it for a while. Eventually, however, its true character is revealed. Sin leads to death and destruction. "For the wages of sin is death" (Romans 6:23).

c. Sex will draw us closer

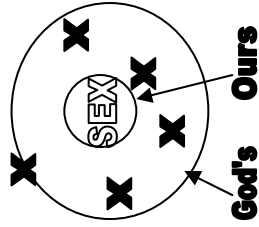
- i. Make us stronger?
 - 1. Don't confuse intensity with intimacy
 - 2. The only instant feeling is guilt
- ii. Take the relationship to the next level?
 - 1. NOT ALLOWED! (it will be that much greater to just wait a few more years, till you find "the one")

d. I need to test drive before I buy

- i. Regardless of what you try to do, there is a "sexual ghost"
 - 1. Me coming into my marriage "damaged"
 - 2. But I am a "spiritual virgin"
- ii. God offers grace and forgiveness... but the ghost is still there

e. Not going "all the way" is not having sex

- i. Wrong!!!
- ii. Two become one... not through the act of sexual intercourse... "sexual immorality" in the Bible... all of it!
- iii. Draw the sex circle! – giving pieces of your body away
- iv. Be accountable to one another
 - 1. Guys: Elevate the way we respect these ladies
 - 2. Girls: be aware of how modest you dress, to keep these guys from lusting away you (are you dressing to lure or to be pure?)



IV. The Truths of Sex

a. Waiting is the most powerful way to say I love you to your future spouse

- i. **Matt 19:5 (NIV) = 'For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh'**
- ii. Circle "united" (**1+1=1**)

- iii. Virgin is not a dirty word
- iv. If someone asks "Are you a virgin?" = say "yes" (don't be embarrassed), just say this... "I can be like you in 2 minutes & 30 seconds, but you will never be like me now"

b. Waiting is a powerful way to honor God with your life

- i. **1 Corinthians 6:18-20 = Run from sexual sin! No other sin so clearly affects the body as this one does. For sexual immorality is a sin against your own body. Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, for God bought you with a high price. So you must honor God with your body.**
- ii. Jesus went all the way to the Cross for you... so that you and I would be able to receive him, the greatest way to honor him in return – is to wait!
- iii. "Worship" is not just what I do from 7-8pm on Wednesdays... it is everyday, every hour, every minute!
- iv. I am going to start praying that every student in our youth group will stop living one foot in the world and one foot in God's Word (start living out one of the first lessons I taught you... Romans 12:1 – being a living sacrifice)

c. God will bring peace and more satisfaction than you could ever dream of

- i. Not about the "if-then" game

d. A life that's committed to God's way will never lack fulfillment

- i. **Jeremiah 29:11 = "For I know the plans I have for you," says the LORD. "They are plans for good and not for disaster, to give you a future and a hope."**
- ii. If I am committed to God's way, He will never, ever fail me, my life will never be empty
 - 1. so many kids run to sex, drugs, alcohol – because their life is empty, without fulfillment

2. If that is you... Christ loves you and designed a perfect plan for your life, just tap into that!
- e. Christ can purify you from anything!**
- i. No matter how you have messed up... God is powerful enough to make it right!
 - ii. **Sexuality.** Inappropriate sexual gratification is another self-indulgence of many Americans. One-quarter of adults say they have read a magazine or watched a movie or video that contained explicit sexual images in the past month (28%), while one out of every 10 Americans have visited a website that showed explicit or uncensored sexual content in that same span of time (10%). Moreover, more than one out of every seven adults (14%) admits to having had an intimate sexual encounter during the past 30 days with someone to whom they were not married (www.barna.org = American Lifestyles Mix Compassion and Self-Oriented Behavior, Feb 2007)
 - iii. Whether you are a seeker, stumbler, or sold out... getting right with God is a start!
 1. **Romans 10:9-10**
 - iv. Once you are right with God, you need to get it right with others!
 1. sexual partner, parents, siblings, friends!

Our prayer for you as students, and our adults leaders/volunteers:

Phi 1:3-5 Every time I think of you, I thank my God. And whenever I mention you in my prayers, it makes me happy. This is because you have taken part with me in spreading the good news from the first day you heard about it.

V. Now, What Are You Going to Do?

- a. ...Besides not have sex!

You are driving in your car... you notice at the very last minute that the bridge is out... it is demolished... "oh my goodness, I almost died". You have 2 choices – go back and put up a sign, "danger: death possible... this bridge is out", or you can get into your "hoopy" ride and go the

other way, and people will die... there is no bridge there = sex outside of marriage (there is no safety net, nothing) – you may lose your life = you can do 2 things – put up a sign "danger" or sit and do nothing... like most Christians, bad stewards of knowledge. What are you gonna do?

- b. **Now you are informed!** (You are a steward of information)

Do you feel confident to share with someone the truth about sex?

If you knew someone in our youth group was having sex, would you tell someone or tell me?

- o Here's what other teenagers have said:
 - o Check it out = First person knowledge, not just a rumor
 - o Biblically = Matthew 18 principle – go to them and confront them, if they don't change their heart, then go to someone to confront them together
 - o If they are coming to you and letting you know, they are really wanting help
 - (Statistics show that most people who attempt to commit suicide really do not want to succeed, that is their last resort)
 - o If you confront or tell people = you may lose a friend, but you will gain the respect of God!

Two weeks ago I asked you:

So, are you ready to live this holy life? (Our destiny)

Last week I asked you:

How are the words of your mouth? How are the thoughts/meditations of your heart? How is your life? (Sanctified?)

Tonight I ask you:

You going to keep sex as God intended it, or ruin your life and others lives by having sex how you want it?

Coming next week = The Greatest Dating Advise You'll Ever Hear!

Related music = "Give Us Clean Hands" (Chris Tomlin)

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"SEX According to God"

Part 1: The Myths vs. The Truth

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Middle School Group Session

Now that we know our destiny is to be holy as he is, And we know we are called to be "set apart" (sanctified), Let's look at a popular topic everywhere but in church!

1 Corinthians 13:4-8 = "Love is patient, love is kind and is not jealous; love does not brag and is not arrogant, 5 does not act unbecomingly; it does not seek its own, is not provoked, does not take into account a wrong suffered, does not rejoice in unrighteousness, but rejoices with the truth; bears all things, believes all things, hopes all things, endures all things. Love never fails" (NASB)

I. What is True Love?

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Splitting group – middle school students with Ms. Summer (choir room), high school students stay in here with Pastor Justin.

II. Let's Talk about Sex

- You hear about it from friends, from music, from TV, from school ("safe sex"), why don't we hear about it from God?
- Discussion question time:
 - How do you hear your friends / older siblings talk about sex?
 - What messages do you get from the media about having sex before marriage?
 - Why do you think talking about, reading about, watching movies about, and actually participating in sex are so prevalent among middle/high school students?
 - What might change that trend?

Feel free to change up questions that are more applicable to group

Final question – V. important!
What do you think God has to say about all this sex going around? (Can you think of any Bible verses to back that up?)

III. Myths of Sex

a. Sex is okay if you are in love

- How far is too far? = that basically means, "how bad can I treat you God?" (How can I best honor God in my sexual relationship? Should be the question)
1 Cor 13 = "Love is patient" (the 1st definition)
Let it be you!

Students sinning sexually always ask this! Don't let it be you!

b. The rewards far outweigh the risks

- You can live without sex right now!
- You can not survive without drink, food, sleep
- Dime through the hoop – AIDS virus is 50 times smaller than the wholes in a condom
- AIDS = "safe sex" started in 1980 – every \$1 spend on STD prevention, \$43 is spent for treatment
- Safe sex with condom? = By the time you already receive a condom it has not been stored right, not packaged right, = you are already doomed for failure!

I know it's tough to hear, but you'll be hearing it soon in school – "safe sex"

vi. Eskimo Wolf Hunters

According to tradition, this is how an Eskimo hunter kills a wolf: First, the Eskimo coats his knife blade with animal blood and allows it to freeze. He then adds layer after layer of blood until the blade is completely concealed by the frozen blood. Next, the hunter fixes his knife in the ground with the blade up. When a wolf follows his sensitive nose to the source of the scent and discovers the bait, he licks it, tasting the fresh frozen blood. He begins to lick faster, more and more vigorously, lapping the blade until the keen edge is bare. Feverishly now, harder and harder, the wolf licks the blade in the cold Arctic night. His craving for blood becomes so great that the wolf does not notice the razor-sharp sting of the naked blade on his own tongue. Nor does he recognize the instant when his insatiable thirst is being satisfied by his own warm blood. His carnivorous appetite continues to crave more until in the morning light, the wolf is found dead on the snow!

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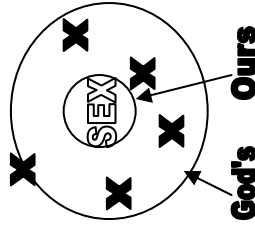
- i. Make us stronger?
 - 1. Don't confuse intensity with intimacy
 - 2. The only instant feeling is guilt
 - 3. NOT ALLOWED yet! (it will be that much greater to just wait a few more years, till you find "the one")
- ii. Take the relationship to the next level?

d. Its okay to have sex before marriage

- i. Regardless of what you try to do, there is a "sexual ghost"
- ii. God offers grace and forgiveness... but the ghost is still there

e. Not going "all the way" is not having sex

- i. Wrong!!!
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- iii. Draw the sex circle! – giving pieces of your body away
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Draw this on the board

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God gave you this body, if we're Christians he lives in us... take care of it!

- ii. Jesus went all the way to the Cross for you... so that you and I would be able to receive him, the greatest way to honor him in return – is to wait!
- iii. "Worship" is not just what I do from 7-8pm on Wednesdays... it is everyday, every hour, every minute!
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- i. Not about the "if-then" game
 - 1. If I do this... then I'll be happy

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- i. **Jeremiah 29:11 = "For I know the plans I have for you," says the LORD. "They are plans for good and not for disaster, to give you a future and a hope."**

Write "fulfillment" on the board. Ask what it means to them?

- ii. If I am committed to God's way, He will never, ever fail me, my life will never be empty
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 - 1. "friendly" partner, parents, siblings, friends!

Seeking Christ, Stumbling to be a good Christian, or Sold Out for him

Getting "friendly" w/ someone: not having sex

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